



PUBLIC EDUCATION EMPLOYEES' HEALTH INSURANCE PROGRAM

info



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Dear PEEHIP members:

PEEHIP, in partnership with Sharecare, present to you the *Choose Well, Live Well* program in the 2019 - 2020 plan year. This program is a unique health solution that lets you manage and track your health in one place, including your required activities for the \$50 monthly premium waiver.

Included below is the link to your digital toolkit. This kit is intended to help you and employees at your school system understand and get excited about this new wellness program during Institute Days this week.

Digital Toolkit: [click here](#)

What is included in your toolkit:

1. **A kickoff letter from PEEHIP** signed by Dr. David Bronner, CEO of the Retirement Systems of Alabama, and Dr. Eric Mackey, State Superintendent of Schools.
2. **A “Coming Soon” flyer** which provides a high-level explanation of Sharecare and the *Choose Well, Live Well* program.
3. **An overview of Sharecare** which will give you details on what Sharecare does and how the platform can benefit your health and wellness.
4. **An introduction video from Dr. Oz**, cofounder of Sharecare, about the RealAge® Test kickoff challenge.
5. **An overview video from PEEHIP** about the *Choose Well, Live Well* Wellness Program.

Please share these videos and materials with employees at your school system during Institute Days this week. Please also visit sharecare.com/peehip to learn more and sign up to receive email updates.

Thank you,

PEEHIP

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